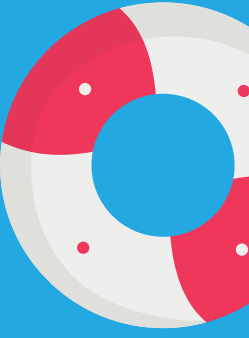




SUMMER TIME  
AT OT4ME!



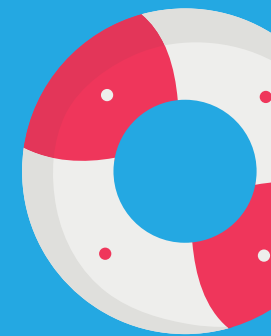
SUMMER  
'25  
GROUPS!!

OT4me





# SUMMER TIME AT OT4ME!



Aged 4-6

Activity: Sensory Story &  
Sensory play



**Dates:** Friday 8<sup>th</sup> Aug

**When:** 1-2pm

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:

[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)



# SENSORY STORY & SENSORY PLAY

Step into a world where stories come to life through sight, sound, touch, and movement! This interactive session



enhances sensory exploration by introducing a variety of textures, temperatures, and consistencies—helping young children interpret sensory information. The open-ended play sparks creativity and imaginative thinking, encouraging children to explore new ideas and scenarios in a fun, nurturing setting.

Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 4-6

Activity: Den Building



**Dates:** Monday 4th Aug.

**When:** 2-3pm

**Cost:** £20 per child. This includes access to a qualified OT for guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)





# DEN BUILDING

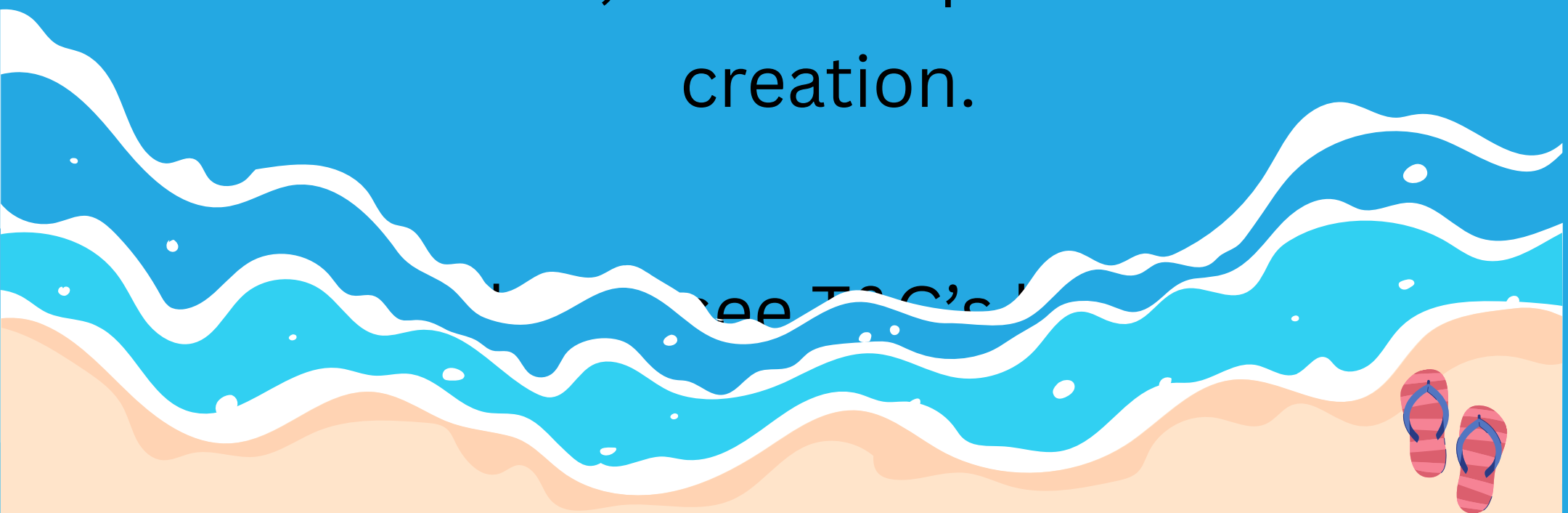
Let imaginations soar as children work together to build their own cozy

dens using lots of big and fun



materials and objects. This activity supports spatial awareness, visual problem-solving, and planning skills.

Den building stimulates creativity, fosters independence, and provides a comforting personal space where children can feel safe, regulate their emotions, and take pride in their creation.





# SUMMER TIME AT OT4ME!



Aged 4-6

Activity: Messy Play



**Dates:** Monday 18th Aug.

**When:** 9-10am

**Cost:** £20 per child. This includes access to a qualified OT for guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)

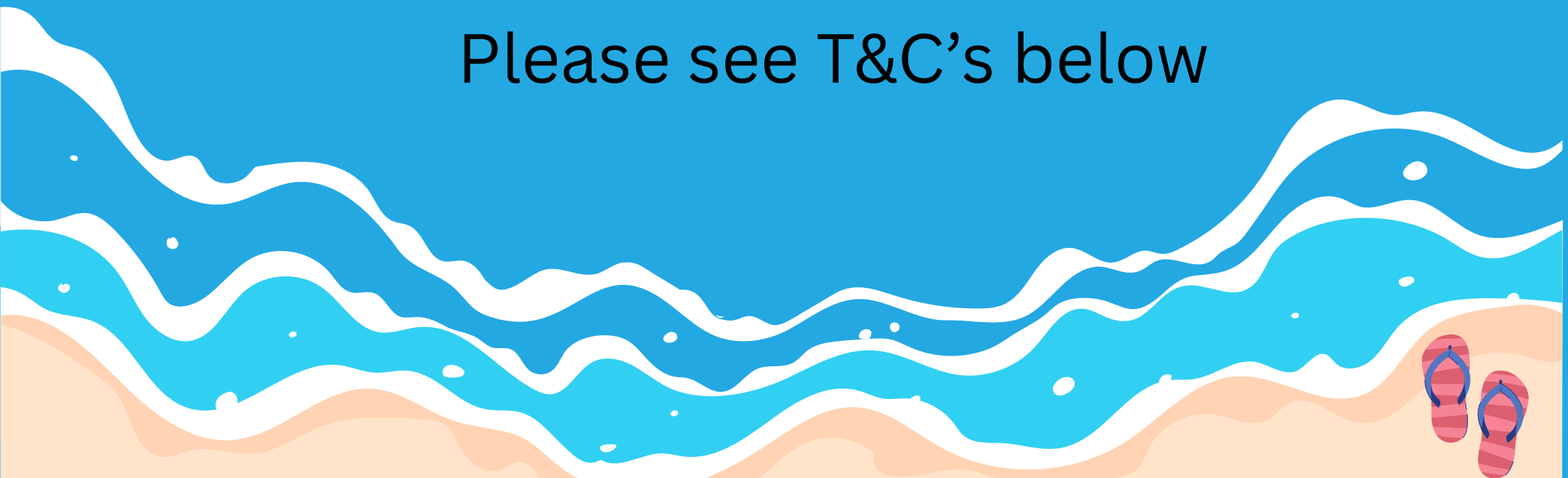




# MESSY PLAY

Dive into a world of squishy, gooey fun! Messy Play allows children to explore different textures and consistencies in a relaxed, open-ended environment. It encourages creativity, supports fine and gross motor development, and gives children a chance to express themselves through sensory exploration. (A spare change of clothes is highly recommended!)

Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 6-8

Activity: Den building &  
Nerf battle



**Dates:** Monday 21st July.

**When:** 2-3pm

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)





# DEN BUILDING & NERF GUN BATTLE

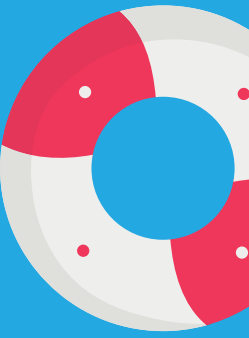
First, kids team up to build their own 'bases' (dens) using lots of big and fun materials and objects. Then gear up for an epic Nerf battle! This exciting session supports teamwork, planning, and strategy. Aiming and dodging enhance hand-eye coordination, agility, and proprioception, all while kids have a blast! There will also be puzzles to solve to unlock higher level ammo!

Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 6-8



Activity: Super Hero  
Training Camp

**Dates:** Monday 4<sup>th</sup> Aug

**When:** 9-10am

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)



# SUPERHERO TRAINING CAMP

★ Train like a true superhero! From climbing and balancing to 'flying' on swings, children will strengthen their core and improve body awareness through high-energy activities. The session also encourages imaginative play, emotional regulation, and social interaction as kids discover their own super strengths.

Feel free to come in fancy dress! We will also be making masks!

Please see T&C's below







# SUMMER TIME AT OT4ME!



Aged 6-8

Activity: Slime Making &  
Tactile play



**Dates:** Monday 18th Aug

**When:** 2-3pm

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:

[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)





# SLIME MAKING & TACTILE PLAY

Get messy and creative! Kids will make their own slime and enjoy tactile play with a variety of textures. This session supports sensory processing, fine motor development, and imaginative play, while offering a relaxed space to explore and create.

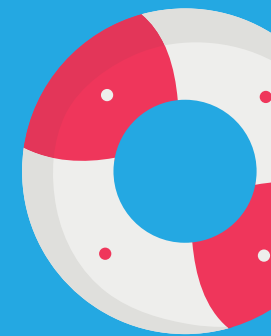


Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 8-11

Activity: Gladiator  
Training Camp



**Dates:** Monday 28<sup>th</sup> July

**When:** 9-10am

**Cost:** £20 per child. This includes access to a qualified OT for guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)



# GLADIATOR TRAINING CAMP



Contender... ready? Take on  
OT4me's playful version of  
Gladiators with challenges like  
'Duel,' 'Hang Tough,' and 'The Wall.'  
This physically engaging session  
boosts strength, balance,  
coordination, and endurance while  
encouraging determination and  
teamwork.

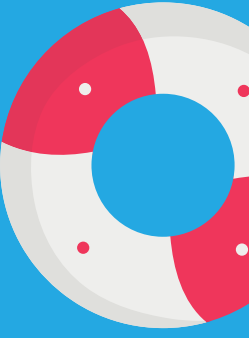


Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 8-11

Activity: Slime making  
and messy play



**Dates:** Monday 11<sup>th</sup> Aug

**When:** 2-3pm

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)



# SLIME MAKING & MESSY PLAY

Dive into a world of squishy, gooey fun!

Messy Play allows children to explore different textures and consistencies in a relaxed, open-ended environment. It



encourages creativity, supports fine and gross motor development, and gives children a chance to express themselves through sensory exploration. (A spare change of clothes is highly recommended!)

Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 8-11

Activity: Floor is Lava



**Dates:** Friday 1<sup>st</sup> Aug

**When:** 3-4pm

**Cost:** £20 per child. This includes access to a qualified OT for guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)



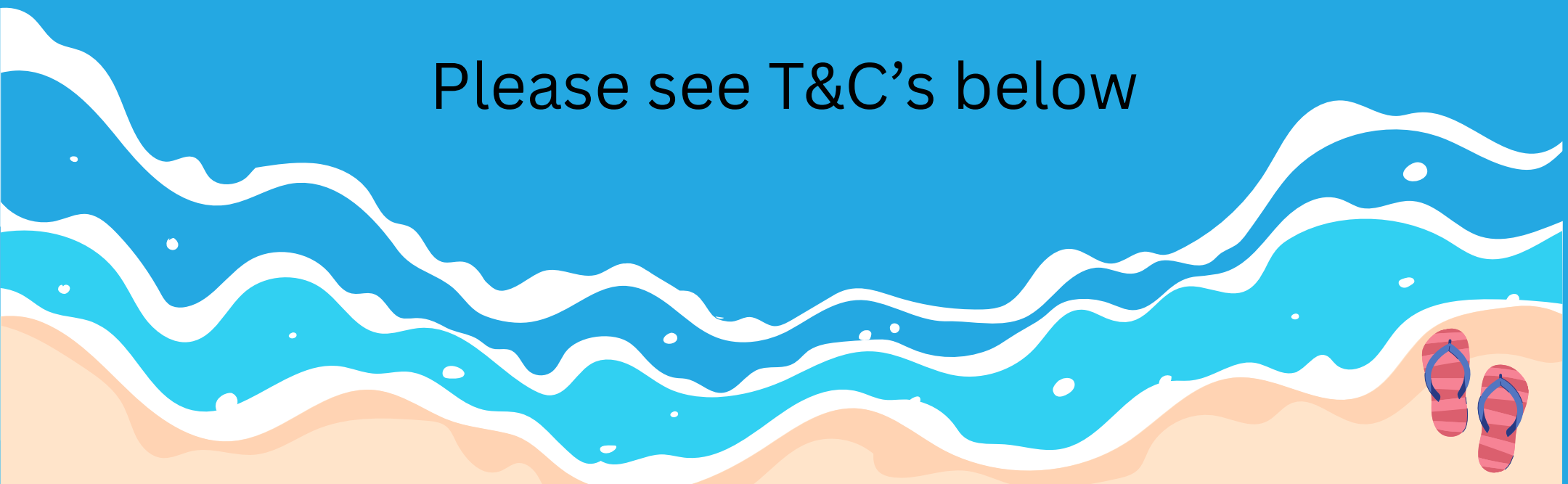
# FLOOR IS LAVA



Can you cross the room without touching the floor? This creative, movement-based game develops coordination, balance, and problem-solving as kids work their way through imaginative obstacle courses—perfect for physical and cognitive development.

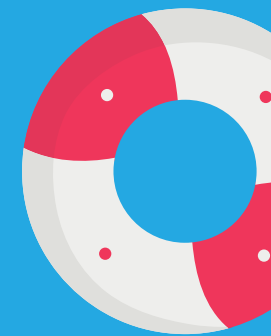
We will also be creating our own islands on large paper using an array of craft materials!

Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged: primary school

Activity: Clay Play! Make  
a creation to take home!



**Dates:** Friday 8th Aug

**When:** 3-4pm

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)





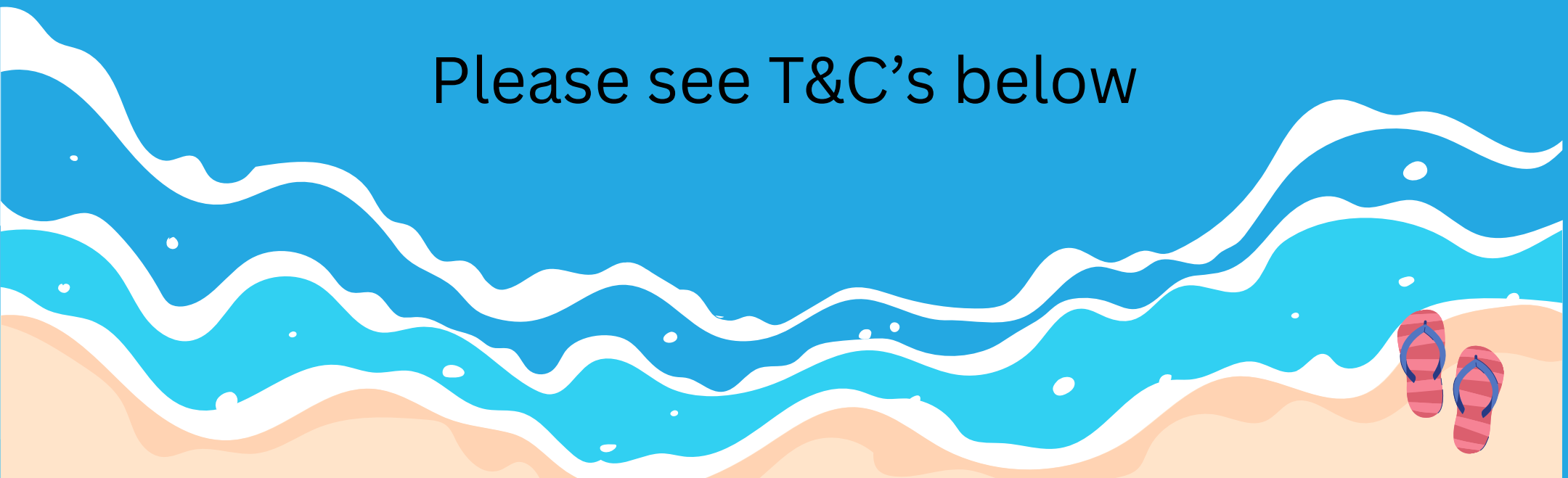


# CLAY PLAY

Unleash creativity with this calming, sensory-rich session. A chance to connect to natural elements found in nature. Children will mold and shape clay to create their own masterpieces—great for building fine motor skills, hand strength, and encouraging self-expression in a relaxed and social atmosphere.

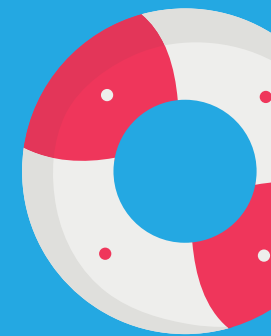
They can keep their treasured creations!

Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 12+

Activity: Floor is Lava



**Dates:** Monday 28<sup>th</sup> July

**When:** 2-3pm

**Cost:** £20 per child. This includes access to a qualified OT for guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)

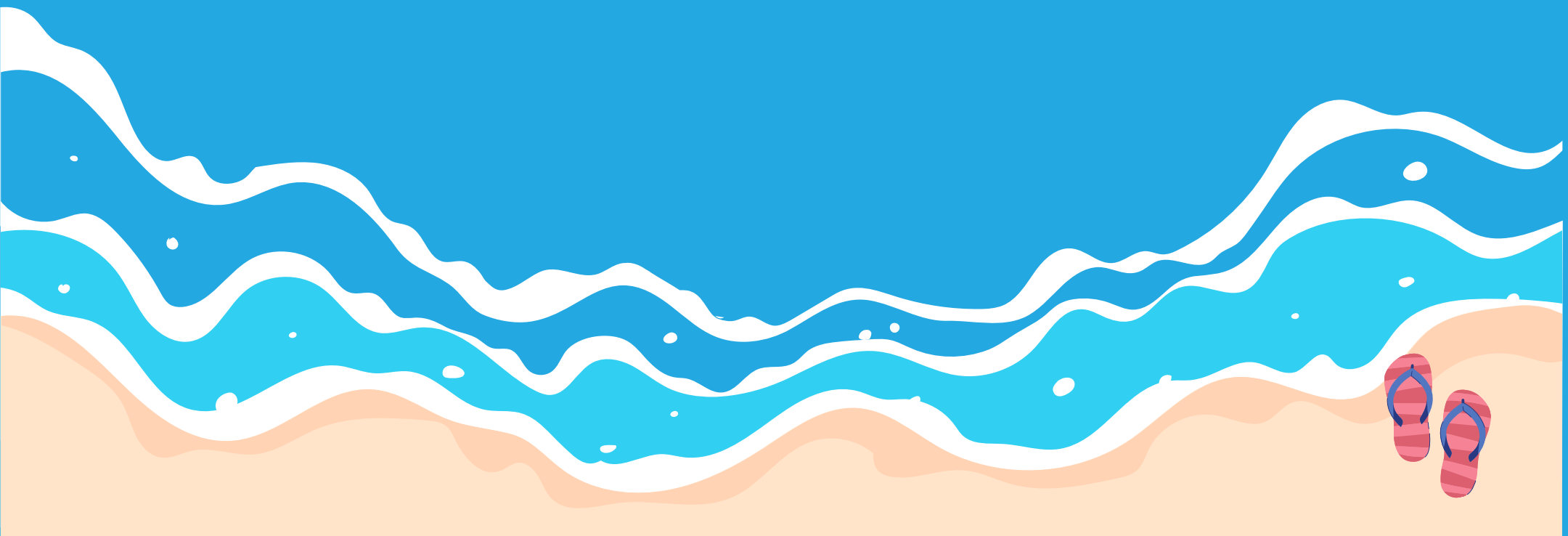


# FLOOR IS LAVA

A more advanced version of the beloved game, designed for older children and teens. It challenges balance, agility, and strategic thinking while encouraging teamwork and physical confidence in a fun, socially engaging environment.



Please see T&C's below





# SUMMER TIME AT OT4ME!



Aged 12+

Activity: Gladiator  
training camp



**Dates:** Monday 11<sup>th</sup> Aug

**When:** 9-10am

**Cost:** £20 per child. This includes  
access to a qualified OT for  
guidance and advice.

**How to book:** email us:  
[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)





# GLADIATOR TRAINING CAMP

Contender... ready? Take on OT4me's playful version of Gladiators with challenges like 'Duel,' 'Hang Tough,' and 'The Wall.' This physically engaging session boosts strength, balance, coordination, and endurance while encouraging determination and teamwork.

Please see T&C's below





# T&C'S

✓ Maximum 6 children per session

✓ Parents stay on site (enjoy a drink & a chat while your child plays!)

✉ Booking via email:

[enquiries@OT4me.co.uk](mailto:enquiries@OT4me.co.uk)

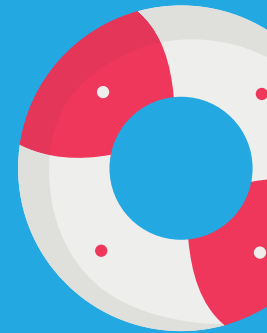
💳 Payment is required to secure your place

⚠ All bookings are non-refundable



Sessions may be repeated if demand is high—book early to avoid disappointment!





# Summer Groups!

Age 4-6:

- Sensory Story & Sensory Play
- Den Building
- Messy Play

Age 6-8:

- Den Building & Nerf gun battle
- Super Hero Training Camp
- Slime Making & Tactile play



Age 8-11

- Gladiator Training Camp
- Slime Making & Messy Play
- Floor is Lava

Age 12+

- Floor is Lava
- Gladiator Training camp

Primary school age:

- Clay Play

see below!

